

# October

S	M	T	W	T	F	S
	<p>1</p> <p><b>Solly Babywearing Week</b></p> 	2	<p>3</p> <p>10:30am - 12:30pm Virtual Consults</p> <p>1:00pm FB Live with our Babywearing Educator</p>	<p>4</p> <p>12:00pm IG Live with Elle <i>"All You Really Need for Baby"</i></p>	5	6
7	<p>8</p> <p><b>Sollyween Costume Contest</b></p> <p>Read: Essentialism by Greg McKeown</p>	9	<p>10</p> <p>10:30am - 12:30pm Virtual Consults</p> <p>1:00pm IG Live with our Babywearing Educator</p>	<p>11</p> <p>12:00pm IG Live with Elle <i>"Get More Hours Back in Your Day"</i></p>	12	13
14	<p>15</p> <p>Watch: Won't You Be My Neighbor?</p> 	16	<p>17</p> <p>10:30am - 12:30pm Virtual Consults</p> <p>1:00pm FB Live with our Babywearing Educator</p>	<p>18</p> <p>12:00pm IG Live with Elle <i>"Stop Buffering, Start Living"</i></p>	19	20
21	<p>22</p> <p>Listen: The Art of Simple podcast</p> 	23	<p>24</p> <p>10:30am - 12:30pm Virtual Consults</p> <p>1:00pm IG Live with our Babywearing Educator</p>	25	26	27
28	<p>29</p> <p>Practice: Cross out at least one "non-essential" activity or task on your calendar this week</p> 	30	<p>31</p> <p>10:30am - 12:30pm Virtual Consults</p> <p>1:00pm FB Live <i>"Babywearing isn't Scary"</i></p> 			