






# February

S	M	T	W	T	F	S
					1	2
3	4 Read: Love Warrior 	5 6 - 8pm Virtual Consults	6 10:30am - 12:30pm Virtual Consults 1:00pm FB Live with our Babywearing Educator	7 12:00pm IG Live with Elle <i>"Strengthening Your Relationship After Baby"</i>	8 <b>February Self Love Giveaway</b> 	9
10	11 Write: A list of at least 10 things you love about your partner. Read the list together. 	12 6 - 8pm Virtual Consults	13 10:30am - 12:30pm Virtual Consults 1:00pm IG Live with our Babywearing Educator	14	15	16
17	18 Do: Wear your baby every day for at least 3 hours 	19 6-8pm Virtual Consults	20 10:30am - 12:30pm Virtual Consults 1:00pm FB Live with our Babywearing Educator	21 12:00pm IG Live with Elle <i>"Increasing Connection With Your Baby"</i>	22	23
24	25 Listen: "How to Be a Good Mate" - The Life Coach School Podcast 	26 <b>SSI9 Launch!!</b>	27 10:30am - 12:30pm Virtual Consults	28 12:00pm IG Live with Elle <i>"Finding Yourself in Motherhood"</i>		